

## **Services to be Delivered**

### **CLINICAL SEXUAL ABUSE COUNSELING OUTREACH SEXUAL ABUSE COUNSELING GROUP SEXUAL ABUSE COUNSELING**

1. Activities the Contractor shall perform:

The Contractor shall provide counseling services as identified in the referral, which is incorporated by reference.

For Clinical Sexual Abuse Counseling, provide counseling in the confidential physical space at the Contractor's facility.

a. Unit Title: Clinical Sexual Abuse Counseling

b. Unit Definition(s):

One unit equals 50 minutes of a therapist's/counselor's time in a face-to-face counseling session with a referred client and/or family members and/or other person(s) significant to the client (if specified in the FIA referral) at the Contractor's usual place of business. The Contractor may bill for partial units in increments of one-tenth of one unit.

For Outreach Sexual Abuse Counseling, travel to meet the client in the client's home, or, with prior FIA approval, in a mutually agreed-upon site.

a. Unit Title: Outreach Sexual Abuse Counseling

b. Unit Definition(s):

One unit equals 50 minutes of a therapist's/counselor's time in a face-to-face counseling session with a referred client and/or family members and/or other person(s) significant to the client (if specified in the FIA referral) in the client's home or, with prior FIA approval, at a mutually agreed-upon location. The Contractor may bill for partial units in increments of one-tenth of one unit.

For Group Sexual Abuse Counseling, meet with each referred client individually prior to group involvement for at least one hour within ten working days of receipt of the written FIA referral in order to assess the client's strengths, developmental history, family structure, support system, health, employment, emotional and mental status and the client's view of the presenting concern. In the individual meeting, the Contractor shall also help prepare the client for the

group treatment process and to screen out any person not amenable to a group counseling treatment program.

Separate groups shall be conducted for adolescent victims, parents of perpetrators, and other family members. The perpetrator and victim shall never attend the same session. Group size shall not be less than three nor more than ten clients and shall include not fewer than three unrelated family groups. Group sexual abuse counseling shall provide an opportunity for family members to provide and receive mutual support with others who have experienced sexual abuse in their families except that the perpetrator and victim shall never attend the same session. These activities shall center on the client and give group members the opportunity to understand the emotional aspects of sexual abuse as the perpetrator, victim, and/or family members of a household in which the sexual abuse has occurred.

Link group members with outside resources by educating clients about existing resources in the community; exchanging information among group members; and introducing outside speakers, if appropriate, from agencies such as Legal Aid, Alcoholics Anonymous, Al Anon, Vocational Rehabilitation, and law enforcement.

- a. Unit Title: Group Sexual Abuse Counseling
- b. Unit Definition(s):

One unit equals a 1-1/2 hour session of face-to-face group counseling provided by a therapist/counselor to a group of referred clients. In addition to the therapist/counselor, each group shall include not fewer than three nor more than ten individual members and shall include not fewer than three unrelated family groups. The Contractor may bill for partial units in increments of one-tenth of one unit. The Contractor may bill for a partial unit if the group consists of non-eligible as well as FIA clients served under this Agreement. The portion to be charged to the FIA shall equal the percentage of FIA clients in the group times the unit rate.

For all counseling modalities: The Contractor shall ensure that services accommodate the schedules of the client families. The therapist shall be available for emergencies by telephone during nights & weekend hours.

The Contractor shall:

- a. Upon receipt of a written referral from the FIA, contact the FIA referring worker to discuss the client's circumstances and establish preliminary goals and objectives.
- b. Assign each case to a therapist/counselor with a minimum of a Master's Degree who is either certified or licensed by the State to provide individual, group, marital or family counseling or psychotherapy.
  - 1) An individual with a graduate degree in psychology or social work who has not yet practiced long enough to be certified or licensed by the State may work under the therapist assigned to the case if the therapist assigned to each case routinely participates in case planning decisions.
- c. Meet with each referred client for at least 50 minutes within ten working days of receipt of the written FIA referral in order to assess the client's circumstances, including client's strengths, developmental history, family structure, support system, health, employment, emotional and mental status and the client's view of the presenting concern.
- d. Within 30 days of the initial interview with the client, submit to the referring FIA worker an Assessment and Treatment Plan report which shall address the following:
  - 1) Record of client contacts;
  - 2) Individual and family assessment;
  - 3) Identified concerns and client's strengths in regard to their resolution;
  - 4) Treatment plan with specific objectives and time frames.
- e. Provide a counseling treatment sequence for non-perpetrator parents. The Contractor shall focus on assisting parents in effectively protecting their children; specifically:
  - 1) Changing inappropriate family roles.
  - 2) Ameliorating dysfunctional sexual behaviors.
  - 3) Alleviating guilt or depression resulting from victimization.
  - 4) Developing effective personal and interpersonal problem-solving methods.
  - 5) Resolving individual and/or family concerns identified through assessment or ongoing treatment, which relate to mistreatment of children.

- 6) Strengthening the bond between victim and non-abusive parent.
- 7) Teaching impulse control to youthful perpetrator. No treatment may be provided to perpetrator unless such treatment is court ordered.
- 8) Teaching victim self-protection against further victimization.
- 9) Teaching healthy sexuality.
- 10) Reuniting victim with non-abusing family when appropriate.
- 11) Teaching parents the typical effects of sexual abuse and ways to assist their children.

The objectives of the counseling treatment sequence for abused/neglected children or potentially abused/neglected children shall be teaching adaptive behaviors and coping skills.

- 1) Develop adaptive, emotional expression skills;
- 2) Heal trauma, victimization and loss;
- 3) Develop self-control and decision-making skills;
- 4) Assist in teaching coping skills in family and community settings;
- 5) Assist them in learning how to effectively set boundaries.
- 6) Support progress toward normative childhood experience.

Counseling should not be directed toward influencing the victim to remain in an abusive environment or justifying the actions of the abuser.

FIA will not reimburse for services focussed on reuniting perpetrator parents convicted of criminal sexual conduct or a substantiated charge of sexual abuse with a child unless there is a court order requiring preservation or reunification of the family.

- f. For referrals from FIA programs, provide instruction and address objectives as specified in the referral which is incorporated by references.
- g. Base counseling upon established and recognized methods such as solution-focussed therapy, cognitive-behavioral therapy, therapeutic play, role play, and parent counseling. The Contractor shall focus on assisting the parents to develop skills in areas identified as causing risk to children.

- h. Verbally evaluate with the client his/her progress or lack of progress in meeting counseling objectives on a regular basis, monthly at a minimum.
- i. Assist in maintaining attendance of clients at sessions by providing follow-up on missed appointments. All missed appointments shall be followed within three working days by a letter or telephone call to clients informing them of the missed appointment and scheduling a follow-up appointment. The Contractor shall notify the referring FIA worker by telephone each time two consecutive appointments are missed.
- j. Based upon client declaration, and when available, bill the client's third party health insurance for reimbursable services identified and performed under this Agreement. Reimbursement received by the Contractor from third party carriers shall be utilized as follows:
  - 1) Other third party funding sources, e.g., insurance companies, may be billed in lieu of the FIA for contracted client services. Third party reimbursement shall be considered payment in full except that the client or the FIA may be required to pay a co-pay if required by the third party insurer. Reimbursements received WITHIN the period covered by this Agreement shall be credited to the FIA as an insurance adjustment, in the same month in which the payment is received, on the Contractor's Statement of Expenditures (FIA-3469). Credits shall be for the entire amount received, except that credits for services shall not exceed the rate(s) established for those service(s) under this Agreement.
  - 2) Reimbursements received AFTER the period covered by this Agreement shall be credited to any subsequent Agreement, (less any co-pay required by the third party insurer as specified in Item #1, above), between the Contractor and the FIA for the same or similar service.
  - 3) Reimbursements received AFTER the period covered by this Agreement, and in the absence of a renewal Agreement, shall be returned to the State of Michigan as an overpayment (identified by contract number) within 30 days of receipt and mailed to:

Family Independence Agency  
Cashier Unit

PO Box 30037  
Lansing, MI 48909

- 4) Clients may be charged based on a sliding fee scale if the FIA office has indicated on the referral form that use of a sliding fee scale is appropriate for the referral. Under no circumstances may a sliding fee scale be used for clients referred under the Child Abuse and Neglect program. If a sliding fee scale is utilized, the portion of the fee paid by the client shall be deducted from the FIA's fee.
- k. Submit to the FIA monthly progress reports due within 30 days following each reporting period. The report shall include:
    - 1) Record of client contacts since last written report;
    - 2) Progress toward treatment goals and objectives;
    - 3) Treatment plan update (reflecting any changes);
    - 4) Recommendations.
  - l. Complete a termination summary report to be submitted to the FIA no later than 30 days following termination of service. At a minimum, the termination summary report must include:
    - 1) Record of client contacts since last written report;
    - 2) Reason for closure;
    - 3) Outcomes relative to treatment plan goals and objectives;
    - 4) Recommendations.
  - m. Failure to submit timely reports may, at FIA's option, result in sanctions.
2. Time Frames:

The Contractor shall have at least monthly contact with each client for a period of time determined by the FIA, in consultation with the Contractor. The duration of counseling services shall not exceed six (6) consecutive months unless approved in writing by the referring worker's supervisor or designee.
  3. Volume of Service: (Clients/Units)

No maximum number of units shall be established in this Agreement.